

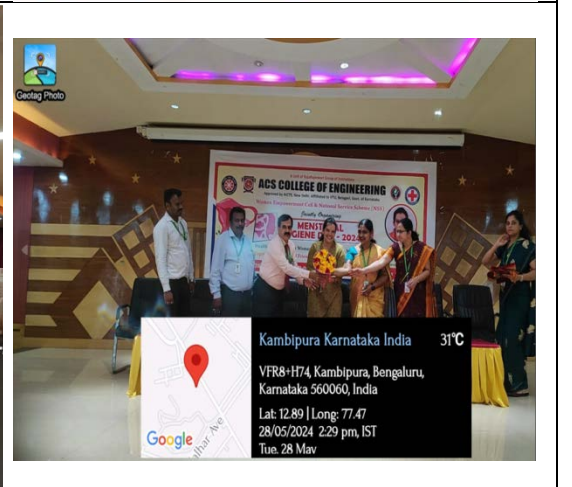
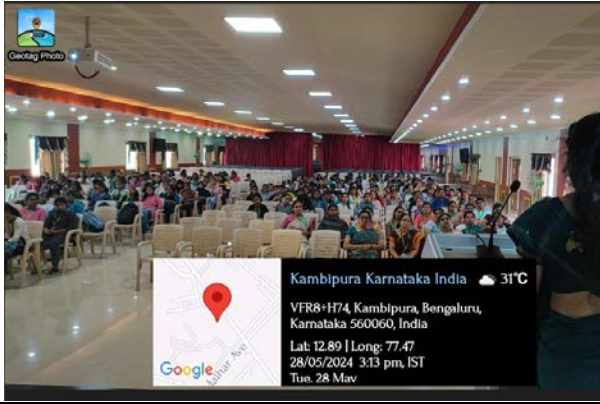


Session Report on Menstrual Hygiene

Session Title	Health programme on Women’s Health Matters - Menstrual Hygiene ,#MHDDay2024, #PERIOD FRIENDLY KARNATAKA, #Period FriendlyWorld,		
Date & Time	28/05/2024	AN	2.00PM to 3:30PM
Name of the Resource Person	Mrs Vedashree Manager ,WHM, Bangalore		
Key Points Delivered	<ol style="list-style-type: none"> 1. Effects of VOC, Dioxin & Phthalates on Human Body 2. Does Menstruation cause cellular Level change? 3. Role of antioxidants and oxidative stress during Menstruation 4. Research on Carcinogenic elements in Sanitary Pads 5. Solution for the problem – What kind of Sanitary Napkins do we need to use 		
Number of Students Present	220		
Snapshot of the event	<div style="display: flex; justify-content: space-around;">   </div>		



The program was conducted on “Menstrual Hygiene” at 2 PM on May 28th, 2024. The session focused on raising awareness about the importance of menstrual hygiene management globally, breaking the silence and stigma surrounding menstruation, and promoting the health and dignity of all individuals who menstruate. It emphasized that menstrual hygiene is a matter of human rights and highlighted the significant health risks, educational impediments, and limited opportunities resulting from inadequate access to menstrual products, education, and sanitation facilities, underscoring the need for collective action to ensure no one is left behind due to this natural biological process



A Unit of RajaRajeswari Group of Institutions

ACS COLLEGE OF ENGINEERING

Approved by AICTE, New Delhi, Affiliated to VTU, Belagavi, Govt. of Karnataka

Women Empowerment Cell & National Service Scheme (NSS)

Jointly Organizing

MENSTRUAL HYGIENE DAY - 2024

Health Programme on Women's Health Matters - Menstrual Hygiene

“Together for a #period Friendly World” #period Friendly Karnataka”

Date: 28th May 2024 Time: 2:00PM Venue: Auditorium, ACSCE Campus

Chief Guest
Mrs. Vedashree
Manager
WHM, Bangalore

The banner features several logos: the National Service Scheme (NSS) logo on the left, the ACS College of Engineering logo in the center, and the RajaRajeswari Group of Institutions logo on the right. It also includes a diagram of the female reproductive system and a portrait of Mrs. Vedashree.