



DEPARTMENT OF BIOMEDICAL ENGINEERING

Session Report

Session Title	Guest Lecture on Menstrual Hygiene and Personality Development		
Date & Time	19/06/2024	AN	11AM to 12.30PM
Name of the Resource Person (attach. one Page resume)	Ms.Shwetha Rajeev Master Trainer of Soft Skills & Motivational Speaker Bosch Bangalore		
Key Points Delivered	 Menstrual Hygiene Personality building Body language Communication Interview preparation 		
Number of Students Present Snap shot of online event	2	50	
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The session was dealing with personality building and menstrual hygiene. Appereance is one of the most important factors of personality. Body language and communication also plays vital role in personality. Life skills, management of time and hygiene tips were given by the key speaker. The tip for preparing interview was also given in the session. It was an inspirational session for students.